"Rabbi Zidni Ilma" My Lord, Increase me in Knowledge.

Year 5 Newsletter

Weekly Newsletter

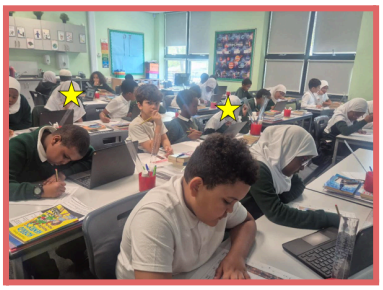
Week Beginning: 05.10.2026

PWA Meeting

The Pupil Wellbeing Ambassadors had their first online meeting with other children from across the cluster. The session focused on mindfulness and the different strategies and mechanisms they can use to stay calm, focused and ready to listen during lessons. The children shared a range of thoughtful ideas and discussed different reasons why these strategies can be helpful. They also took part in a sensory relaxation activity using blue/white tack, which provided a simple and practical way to support calmness and concentration.

Computing: Online Safety - False Photography

In Computing, the children learned about filters and how images found online can be edited or digitally altered. They looked at a range of images and were asked to identify which ones had been edited or had filters applied, giving reasons for their choices based on details they noticed in the images. The lesson encouraged the children to think critically about what they see online and understand that images do not always accurately represent reality. Overall, it was a valuable lesson in developing their digital awareness and helping them become more critical and responsible users of online content.



PE: Rugby Techniques

PE was held indoors with Coach Ben due to the weather conditions. As the class was unable to use the usual outdoor space, the students took part in a selection of games and physical exercises that had been adapted for the classroom and indoor space. The activities/games allowed the students to remain active while also encouraging teamwork, listening and following instructions.

"We were recapping on how to pass the ball in rugby." ***Ibrahim. H***

Islamic Studies: Rules of Water

This week in Islamic Studies as a part of our Fiqh section, the children learnt about the rulings for when water can be permissible to use to clean ourselves. The children were reminded of the importance of cleanliness in Islaam and its importance to perform certain acts of worship.

THIS WEEK'S STARS OF THE WEEK:

Hamda (H.H)
Muad (M.H)

P.E SUPERSTARS:

Ahmad (A.Y)
Samra (S.A)

UPDATES:

- ☐ Children to test Google Classroom log-ins with passwords given to ensure there are no issues when doing online homework.

- ☐ Children read their books sent home - Please listen to your child read and fill in a record of their reading the yellow Reading Log books.

REMINDERS:

- ☐ Y5 PE lessons are on Wednesdays - Pupils to come in wearing their PE kits (Girls to wear oversized, long-sleeved white shirts for PE and bring their Abaayas for Salaah).
- ☐ Class Homework is given on Fridays and is due on the following week Tuesday.
- ☐ Islamic Studies Homework is given on Wednesday and is due on the following week Monday.
- ☐ Arabic Homework is given on Fridays and is due on the following week Friday.
- ☐ Active Learn books to be read - New books are allocated every two weeks as mentioned in the Friday homework.

Year 5 Team Members: Ms S. Salas + Miss L. Ali